

HAPPENINGS

First Unitarian Church of Des Moines

September 5-12, 2010

CALENDAR of EVENTS

SUNDAY, September 5

"We Were Soldiers Once... In Vietnam" with Caesar Smith

Sunday, September 5, 9:30 a.m., Auditorium

Part of **Caesar Smith's** life journey was shared with a "Band of Brothers" in Vietnam. On this Sunday morning he'll talk about building trust, sharing goals, sharing influence and life with a group of guys in Vietnam. Never again forget the sacrifices made by the men and women in our military.

Multi-Age Religious Education: Gather the Spirit

9:30 a.m., Lower Level

For children entering kindergarten-grade 5. Childcare for birth-preschool is available. Middle and high school youth are welcomed and encouraged to attend the service.

Tai Chi

9:30 a.m., Patio area

Windbreakers

6:00 p.m., Channing Hall

Give your guy a night out with the boys! Push him out the door, and send him to our monthly men's potluck. If it's his first time, he doesn't even have to bring food. For more information or a ride to the meeting, contact **Bill Paxson at 274-0769 or paxson@mchsi.com**.

WEDNESDAY, SEPTEMBER 8

Yoga

6:45 p.m., Channing Hall

Take a mid-week break to enjoy an hour of Hatha Yoga. Stretch, relax, grow stronger and more flexible, and explore the physical and mental benefits of this ancient mind-body practice. Taught by Robin Bourjaily, a registered yoga teacher with Yoga Alliance, this multi-level class will encourage exploration of the breath, immersion into the poses, and deep relaxation. From beginners to practicing yogis, all are welcome. Please bring a yoga mat. If you have questions, e-mail Robin at robin@posesandprose.com. Suggested donation: \$5

New RE Teacher Training

6:30 pm, Channing Hall

RE Teacher Training for new volunteers. Childcare is provided.

THURSDAY, SEPTEMBER 9

Board of Trustees Meeting

6:30 p.m., Conference Room

Choir Rehearsal

7:00 p.m., Channing Hall

SUNDAY, SEPTEMBER 12

Intergenerational Water Service
"Life in the River" with Rev. Mark Stringer

9:30 and 11:00 a.m., Auditorium

We welcome the return to our two-service schedule with a family friendly "blending of the waters" celebration, known by some as the water communion Sunday. We are all encouraged to bring a small amount of water from our summer travels, or even from our taps at home. After we each take a turn sharing from where our water comes and/or what it symbolizes, we will pour it into a common bowl as a way of acknowledging the ways our lives blend, are held, and move forward in this place we call church. Immediately following join us for an ice cream social as we welcome our new ministerial intern Kali Hayslett!

No Religious Education Due to Intergenerational Service

9:30 and 11:00 a.m.

Tai Chi

9:30 a.m., Large Activity Room

Bible for Skeptics

9:30 a.m., Room 108

Ice Cream Social

10:30 a.m. and 12 Noon, Channing Hall

Please join us for an ice cream social and welcoming reception for our new ministerial intern, **Kali Hayslett**. Make your own sundaes at the toppings bar, and welcome Kali to our church!

Adult Education Forum

11:00 a.m., Channing Hall

Please come and join **Greg Pelley**, Councilor for Religious Education and **Lori Emison Clair**, Director of Congregational Life, as we have a roundtable discussion about Adult Education next year. We would love input from all those interested as we plan the classes that will be provided in the New Year!

Energy and Justice for All

11:00 a.m., Conference Room

Youth Small Group Ministry

12 noon-2 p.m., Room 107.

Led by **Darius Jackson** and **Erica Gloden**. For more information or to be added to the High School Youth email list, please contact **Tracy Beck**, dre@ucdsm.org

Human Rights Action Group

12:30 p.m., Conference Room

End of Ramadan Potluck

6:00 p.m., Channing Hall

Join the Iowa Refugee Support Project to celebrate Eid al Fitr-the end of Ramadan-with our Iraqi friends. Eid al Fitr is a time of feasting and community so bring your family and a dish to share (no pork, please). For questions, please contact **Kelly Patton** at IARefugeeSupport@gmail.com or 515-999-0554

YRUU

7:00 - 9:00 p.m., Room 107.

Led by **Sara Karbeling**, **Adam Kurth** and **Mike Shaw**. For more information or to be added to the High School Youth email list, please contact **Tracy Beck**, dre@ucdsm.org.

ANNOUNCEMENTS

LINK TO CURRENT ISSUE OF INTERCOM: [SEPTEMBER](#)

ARE YOU ENJOYING YOUR FOOD FAIR GATHERINGS?

If you have any pictures of church folks having fun at these events, please email a few to **Barb Royal** at royalbl@mac.com.

WEEKLY EMAIL NEWSLETTER DELIVERY

Beginning Friday, September 3, the weekly email will be delivered to your inbox on Friday morning, replacing Sunday morning delivery. The email will contain information from Sunday, September 5 to Sunday, September 12. With the email arriving on Friday, you will have easy and quick access to information on events for the upcoming Sunday as well as events and announcements for the following week.

DRUID HILL CONSTRUCTION UPDATE

Despite the rainy weather, the City continues to have work performed on the paving of Druid Hill Drive. Right now, the City expects to maintain access to the east church parking lot FROM BELL Avenue. However, Druid Hill Drive will likely be closed to through traffic (and closed from the south) from September 6-11. We will keep you informed of any changes.

PHOTO DIRECTORIES HAVE ARRIVED!

If you have a photo in the directory, you can pick up your free copy in the foyer on Sundays starting September 5th. There are also a limited number of directories for sale if you did not have your picture taken, but would like a copy.

UU CONCERT SERIES BEGINS

Peter Mayer in concert on Saturday, September 25 at 7:30 p.m.

Tickets are now available: \$15 in advance/\$20 at the door. Look for the display in the gathering area on Sunday mornings. Help will be needed on the 25th with tickets, food sales and cleanup. Contact Barb Royal at royalbl@mac.com to volunteer.

ADULT EDUCATION SURVEY

In September you will be receiving an online survey that we hope you will take the time to complete. We are considering a wide variety of class options and hope to have responses from as many individuals as possible as we design the program for next year!

ADULT EDUCATION REGISTRATION FORMS

Please remember to **register** for any adult education classes that you are interested in attending. The registration form was included in the RE Brochure that was mailed out in late August. Registration Forms should be returned to Lori Emison Clair, Director of Congregational Life. If you need a form, please contact **Lori Emison Clair** at dcl@ucdsm.org or 244-8603, ext. 103

CARING MINISTRY

Remember the Caring Ministry is here for those in need of transportation, calls or visits, meals when recuperating and more. If you are in need or know of someone who might be, or if you want to provide a service, please contact

Mary Bourquin at 771-4484 or borkiniowa@yahoo.com or
Barb Martin at 288-3427 or barbmartin_dm@yahoo.com.

Interested in receiving a weekly email from the RE Program?

Email Tracy Beck dre@ucdsm.org to be added to the list.

INK CARTRIDGES HELP EDUCATION COSTS

Please keep bringing your ink cartridges to church and we will be continuing this program. Small cartridges only, and we cannot send in toner cartridges.

SAVE THE DATE

Social Justice Council presents: TURNING PASSION INTO ACTION

Saturday, November 11, 9:00 a.m. - 3:00 p.m. Join us to celebrate our accomplishments and further our progress as UU's working for social justice. Watch for more details--and SAVE THE DATE!

SAVE THE DATE

Grounds Workday: All three grounds committees will be having a combined Fall workday on October 9 from 9:00 a.m. to Noon, with lunch following. All skill levels welcome.