



First Unitarian Church of Des Moines

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*First Unitarian Church of Des Moines invites people into
a respectful, authentic, and joyful religious community that
nurtures meaningful connections, pursues justice, and inspires service.*

January 9 & 10, 2010



ORDER OF SERVICE

Saturday, January 9, 2010, 4:30 p.m.
Sunday, January 10, 2010, 9:30 a.m. and 11:00 a.m.
Bruce Martin, pianist



“Cause I just rolled and I tumbled, down a long road, I stumbled
While shooting in the dark as to what’s best
And finally, I found you, without ever learning how to
I put the right foot in front of the left. Beyond that is anybody’s guess.”
—*M. Ward, “Epistemology”*

Learning Hymns

Intoning the Chime

Call to Gather Adapted excerpt from *The Rural Life* by **Rev. Stringer**
Verlyn Klinkenborg

Chalice Lighting Leader: Life is a gift for which we are grateful. **Bill Paxson and Family**
People: *We gather in community to celebrate the glories and the mysteries of this great gift.*
Leader: So let us kindle now the flame of our liberal religious heritage.
People: *In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.*

***Hymn #57** *All Beautiful the March of Days*

Welcome

Doxology (tune: Old Hundreth #371) From all that dwell below the skies
let songs of hope and faith arise;
let peace, good will on earth be sung
through every land, by every tongue.

(Sun) **Sharing for All Ages** “Various Prayers/Blessings from Around the World” **Tess Paxson**

Dance “Right Foot in Front of the Left” **Danced by Kathleen Hurley and Alissa Hamer**
Music: “Epistemology” by M. Ward

(Sun) **Singing the Children To Classes** *Children’s Benediction* by B. Bradfield
“Go in joy. Go in peace to meet the day. With open hearts embrace life’s wonder. We will guide you. We will love you on your way.”
(words by Barbara Pescan)

Joys and Concerns

Sharing our Abundance

Meditation Spoken Silent Including the words of Joyce Rupp
Sung Response #1013 *Open My Heart*

Readings From *Kitchen Table Wisdom* by Rachel Naomi Remen (Sat)
From *Start Where You Are* by Pema Chodron (Sun) **Angi Haen**

Dance “The Nature of Stone and Water” **Danced by Kathleen Hurley**
Music by Vivaldi; Inspired by text by Mary Oliver:
“It is the nature of stone to be satisfied.
It is the nature of water to want to be somewhere else.”
“The Nature of Stone and Water” is a dance that uses simple accumulation of movement initiated by the breath. Do some of us identify more with stone or with water? Or are we a mixture of both based on the accumulation of life’s experiences?

Sermon “Right Foot in Front of the Left” **Rev. Stringer**

***Hymn 1007** *There’s a River Flowin’ in My Soul*

***Closing Words** Words of Robert Mabry Doss

***Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.
People: *Let us go from this place, open to life, expecting to love, and prepared to serve.*

***Closing In Song** *Hymn of Valor* (inside back cover of Hymnal)

**Please stand as you are able.*

Thank You to all Service Participants and Today's Hospitality Team

Saturday: Jeanne Bowles and Sally Boeckholt

Sunday: 9:30 a.m. Team Leader: Carol Henderson

Bob Henderson, Sue Reppinger, Rob Nicholson, Karen Nicholson, Denny Schrock, Patrick Phillips, Marilyn Lantz, David Rasey, Linda Lemons, Lois Leonard, Bill Leonard, Kathie Karpinen, Karen Kienker

11:00 a.m. Team Leader: Carol Hibbs

Rolland Riley, Jennifer Galluzzo, Steve Galluzzo, Heidi Lackmann, Todd Lackmann, Pat Larson, Evelyn Glazebrook, Lisa Hogan, Andy Popson, Margaret and John Holmes

Next Week's Services:

"To Love and to Serve" with Rev. Mark Stringer

Saturday, January 16, 4:30 p.m., Auditorium

Sunday, January 17, 9:30 and 11:00 a.m., Auditorium

On this weekend before a day set aside to remember the life and legacy of the Rev. Dr. Martin Luther King, we will consider the tension between the certainty of our vision of how things could be and the surrender required to bring that vision to life.

Second Basket

Your generous Second Basket contribution will be divided between *Children & Families of Iowa* and *Passageway*. *Children & Families of Iowa* (CFI) is restoring hope, building futures and changing lives. *Passageway* provides a place where individuals with mental illness can find personal support and have employment opportunities and training.

Hurley & Dancers is a professional modern dance company based in Des Moines, Iowa that presents public performances, workshops and arts-in-education residencies.

Kathleen Hurley, the founder and Artistic Director, has performed with Yancey Dance Theatre and the Doris Humphrey Dance Ensemble in New York City and was a member of Pennsylvania Dance Theatre, touring the East Coast and Europe. Kathleen is an honors graduate of the University of Iowa where she toured to Hong Kong with the Dancers to Go Company. Her Iowa dance career includes performances with Iowa Dance Theatre, The Neuman Project and Co'Motion Dance Theatre. She teaches at Grinnell College and Lind Dance School. Her teaching resume also includes teaching for the Limon Institute in Manhattan, Perry Dance in NYC, Dance Space in NYC, Long Island University, and Iowa State University workshops. She is the mother of a new baby girl!

Alissa Hamer started her formal dance training at the University of Nevada Las Vegas in 2000. She transferred to the University of Iowa in 2001 where she earned a Bachelor of Arts with Honors in Dance in 2004. While at Iowa, she had the opportunity to perform in several group works featured in the Undergraduate Concert and the Advanced Choreographic Design Concert. Alissa currently teaches modern, jazz, and Pilates at Capital City Dance Center and is in school to be a physical therapist.