



## **First Unitarian Church**

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Des Moines, IA 50315

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**Web site:** [www.ucdsm.org](http://www.ucdsm.org)

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Bruce Martin, *Pianist*

Desireé Spring, *Custodian*

### **Our Mission Statement:**

We are a welcoming, inclusive community. Celebrating life, we strive to transform ourselves and our larger community. Together we support one another, encourage religious inquiry, nurture spiritual and intellectual growth and work for social justice.

**July 5, 2009**



## ORDER OF SERVICE

Sunday, July 5, 2009, 10:00 a.m.



*“Perhaps we should realize that our need is not to ‘find something to believe’--but rather to discover that our lives indicate what we believe right now. This is the place to start.”—Edith Hunter, religious educator*

### Intoning the Chime

#### Call to Gather

**\*Chalice Lighting** Leader: Life is a gift for which we are grateful.  
People: We gather in community to celebrate the glories and the mysteries of this great gift.  
Leader: So let us kindle now the flame of our liberal religious heritage.  
People: In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.

*Carolyn Spencer*

*Roy and Jodie McKay*

**\*Hymn #20** *Be Thou My Vision*

#### Welcome

**Doxology** From all that dwell below the skies  
*(tune: Old Hundred #371)* let songs of hope and faith arise;  
let peace, good will on earth be sung  
through every land, by every tongue.

**Sharing a Story** *The Big Question* by Betsy Williams

*Lauren Malcomson*

**Singing the Children Out** *Children’s Benediction* by B. Bradfield  
“Go in joy. Go in peace to meet the day. With open hearts embrace life’s wonder. We will guide you. We will love you on your way.”  
*(words by Barbara Pescan)*

#### Sharing Our Abundance

#### Joys & Concerns

#### Meditation Silence Sung Response #18

*What Wondrous Love*

**Reading** *excerpt from 150 of the World’s Greatest Hymn Stories* by Robert J. Morgan,  
adapted by Jodie McKay

*Roy McKay*

**Special Music** *Amazing Grace* by John Newton

*Roy McKay*

**Sermon** “Journey to UUism”

*Jodie McKay*

**\*Hymn #6** *Just as Love as I Have Breath*

#### \*Closing Words

*Carolyn Spencer*

**\*Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.  
People: Let us go from this place, open to life, expecting to love, and prepared to serve.

**\*Closing in Song** *Hymn of Valor* (inside back cover of Hymnal)

**\*Please stand as you are able.**

A Warm Welcome to all guests today. We’re glad you’re here!

#### **Thank You To All Service Participants And Today’s Hospitality Team:**

**Hospitality Team:** Bob Anderson, Ruth Keairns, Amy Knutson, Gloria Edwards, and Larry Schlatter

#### **Next Week’s Service:**

#### **“Lessons from South Africa” with Joan McAlister**

*Sunday, July 12, 10:00 a.m., Auditorium*

What can the U.S. learn from South Africa in terms of conflict resolution, democracy, human rights, and multiculturalism? Professor and member **Dr. Joan McAlister** shares her findings from her ongoing research in South Africa. Join us for this insightful, and thought provoking experience!

**COMING SOON!** All-church picnic on Sunday, July 19. Watch for an email invite and more information in next week’s OOS and weekly email update.

# FIRST UU HAPPENINGS JULY 5 TO JULY 12:

**SUNDAY, JULY 5:**  
**Multi-Age Child Care**  
 8:45 a.m. Toddler Room

**Tai Chi**  
 9:00 a.m. on the Patio  
 Join us for 45 minutes of FREE relaxed, simple exercise. No special shoes, clothes, mats, etc. are required. Tai Chi focuses on gathering energy, or “chi” from simple breathing and movement exercises. It opens all the meridians of the body allowing blood and oxygen to flow more freely through the body. Led by member **Sherry Levine** who teaches Tai Chi and Qigong in the Des Moines area.



**Multi-Age Child RE Summer Picnic and Party**  
 10:00 a.m., Back Patio, weather permitting  
 A time for children’s fellowship during this Fourth of July weekend.



**Interweave Potluck**  
 Sunday, July 5, 11:30 a.m., Channing Hall  
 We offer social interaction for gay, lesbian, bisexual, transgender persons and allies, publicize the church to the greater Des Moines GLBT community and help the church further its goal of social justice. Contact **Mark Metz** at [scorpiored48@yahoo.com](mailto:scorpiored48@yahoo.com) or 274-0925 for meeting information. Please bring a dish to share.

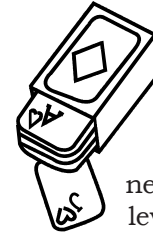
**SUNDAY, JULY 5 CONTD:**  
**Windbreakers**  
 First Sunday, 6:00 pm  
 Sunday, July 5, Channing Hall  
 New to the church? Come see why nearly 50 guys in our church attend at least one Windbreakers potluck during the year. (Many attend every month). For more information or a ride to the meeting, contact **Bill Paxson** at 274-0769 or [paxson@mchsi.com](mailto:paxson@mchsi.com).

**WEDNESDAY, JULY 8:**  
**UU Circle of Friends Potluck Dinner**  
 6:30 p.m. – 9:00 p.m., Gathering Place or Patio, weather permitting-NEW TIME!  
 The purpose is to gather as many of our Circle of Friends volunteers as possible, weekly – along with the families and individuals assisted. We hope to create better communication and assistance with and among refugee immigrants, allowing more adaptation and independence.

**Healthcare Working Group Meeting**  
 6:30 p.m., Conference Room

**THURSDAY, JULY 9:**  
**Interfaith Gathering for Health Care for All in Des Moines**  
 5:30 p.m. Nollen Plaza, 3<sup>rd</sup> Street & Locust  
 To demonstrate our support for health care reform now, join us as we pray, witness, and gather together in downtown Des Moines, united in support for health care for all. All are welcome. Event sponsored by the Iowa Health Care Working Group and RESULTS.

**Board of Trustees Meeting**  
 6:30 p.m., Conference Room



**FRIDAY, JULY 10:**  
**Bridge Game Night**  
 7:00 p.m. Channing Hall,  
 Knowledge of the fundamentals of bridge is needed, but beyond that, skill levels range from novice to expert. Hosting each month is rotated among the group. Contact **Jean Evans** at 987-0476 or at [jeanevans1935@mchsi.com](mailto:jeanevans1935@mchsi.com)

**SATURDAY, JULY 11:**  
**Great Books**  
 9:30 a.m., Off-site.  
 This month’s reading is a selection from *Pensées* by Blaise Pascal. This month, we will be meeting at the home of **Rob Robinson**–1500 Crown Colony Ct. #530. For further information, please contact **Greg Pelley** at 306-9804 or [greg@pelleyology.com](mailto:greg@pelleyology.com).

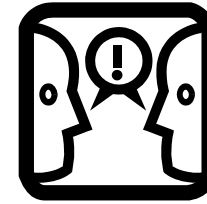
**SUNDAY, JULY 12:**  
**Multi-Age Child Care**  
 8:45 a.m. Toddler Room

**Tai Chi**  
 9:00 a.m. on the Patio  
 See description on July 5

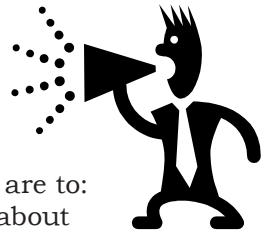
**Multi-Age Child RE UU Movers & Shakers:**  
**Henry David Thoreau**  
 10:00 a.m., Lower Level  
 Instead of kids starting in the Large Activity Room and then dividing K-1 and 2-8, everyone will stay in the Large Activity Room all morning.



**SUNDAY, JULY 12 CONTD:**  
**UUs Face 2 Face**  
 11:30 a.m., Channing Hall  
 A social has been planned for young adult UUs aged 17-25 years old! Make new friends and renew old friendships during a lunch of pizza and salad. Plans for future social activities/gatherings this summer will be discussed and how you can get involved! This is the perfect opportunity for college students home for the summer, high school seniors, and young professionals wanting to connect without a computer! Please RSVP to **Lori Emison Clair** at [dcl@ucdsm.org](mailto:dcl@ucdsm.org) or 453-2999.



**ANNOUNCEMENTS:**  
**The Social Justice Council is looking for people to join the Council.**



The goals of the Council are to:

1. Provide information about social justice work underway at the church and in the community
2. Support and facilitate the successful social justice work of the Social Justice Action Groups
3. Assist individuals in “finding their voice”, and deepening their commitment to action based on the UU principles.

The current active action groups focus on the following: global warming, healthcare, housing, human rights, hunger and international peace and justice. If you are interested please contact **Scott Clair** via email at [seclair@mchsi.com](mailto:seclair@mchsi.com) or call him at 453-2999 by July 13.

**THIS WEEK AT FIRST UNITARIAN CHURCH: JULY 5 TO 12, 2009**

<p align="center"><b>Sunday, 07/05</b></p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m.  11:00 a.m. 11:30 a.m. 6:00 p.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio "Journey in UUism" with Jodie McKay...Aud. Child RE...Lower Level Social time...Gathering Place Interweave Potluck...Channing Hall Windbreakers...Channing Hall</p>
<p align="center"><b>Wednesday, 07/08</b></p>	<p>6:30 p.m.</p>	<p>UU Circle of Friends Dinner...Gathering Place Healthcare Working Group...Conference Room</p>
<p align="center"><b>Thursday, 07/09</b></p>	<p>5:30 p.m. 6:30 p.m.</p>	<p>Interfaith Gathering...Off-site Board of Trustees Meeting...Conference Room</p>
<p align="center"><b>Friday, 07/10</b></p>	<p>7:00 p.m.</p>	<p>Bridge...Channing Hall</p>
<p align="center"><b>Saturday, 07/11</b></p>	<p>9:30 a.m.</p>	<p>Great Books..off-site</p>
<p align="center"><b>Sunday, 07/12</b></p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m.  11:00 a.m. 11:30 a.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio "Lessons from South Africa" w/Joan McAlister..Aud. Child RE...Lower Level Social time...Gathering Place UUs Face 2 Face...Channing Hall</p>

**From July 12 through August 9, First Unitarian will be collecting school supplies to be distributed to children.** Please bring the listed items and place them in the collection box in the foyer. The items collected will be given to Children & Families of Iowa to distribute to needy children in their programs. If you have questions, please contact **Amy Knudsen** at 262-1291 or via email at [gumby123490@msn.com](mailto:gumby123490@msn.com). Together we can help kids start the school year in a positive way!

**Items needed:**

- |                  |                          |
|------------------|--------------------------|
| Backpacks        | Markers                  |
| Filler paper     | Single subject notebooks |
| Calculators      | Pencil cases             |
| Crayons          | Colored pencils          |
| Scissors         | Rulers                   |
| Glue/Glue Sticks | Supply boxes             |

