



First Unitarian Church

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Bruce Martin, *Pianist*

Our Mission Statement:

We are a welcoming, inclusive community. Celebrating life, we strive to transform ourselves and our larger community. Together we support one another, encourage religious inquiry, nurture spiritual and intellectual growth and work for social justice.

August 2, 2009



ORDER OF SERVICE

Sunday, August 2, 2009, 10:00 a.m.
Accompanist, Mary Pearson



*Who can separate his faith from his actions, or his belief from his occupations?
– Kahlil Gibran*

Intoning the Chime

Stephen Lauer

Call to Gather

***Chalice Lighting** Leader: Life is a gift for which we are grateful.
People: We gather in community to celebrate the glories and the mysteries of this great gift.
Leader: So let us kindle now the flame of our liberal religious heritage.
People: In its glow, may our reason and our passion lead us to be true to ourselves, true to each other, and true to what we can together become.

Stephen Lauer

***Hymn #119** *Once to Every Soul and Nation*

Welcome

Scott Emison Clair

Pulpit Editorial

Steven Herwig

Doxology From all that dwell below the skies
(*tune: Old Hundred #371*) let songs of hope and faith arise;
let peace, good will on earth be sung
through every land, by every tongue.

Sharing a Story *Why Wisdom is Everywhere*
Author Unknown

Sydney Pelley

Singing the Children Out *Children's Benediction* by B. Bradfield
"Go in joy. Go in peace to meet the day. With open hearts embrace life's wonder. We will guide you. We will love you on your way."
(*words by Barbara Pescan*)

Sharing Our Abundance

Joys & Concerns

Meditation Silence
Sung Response #123 *Spirit of Life*

Stephen Lauer

Readings *Facing the Ogres of Progress*
by Tom Peterson
To Be Young, Gifted and Black
by Lorraine Hansberry

Scott Emison Clair

Special Music *Arabesques* by Paul JeanJean

Dan Stevenson

Sermon "Spiritual Journeys Through South Africa"

Stephen Lauer

***Hymn #318** *We Would Be One*

***Closing Words** From Frederick Gillis

Scott Emison Clair

***Extinguishing the Flame** Leader: I extinguish the symbolic flame of this gathering. May we carry its light into the world.
People: Let us go from this place, open to life, expecting to love, and prepared to serve.

***Closing in Song** *Hymn of Valor* (inside back cover of Hymnal)

***Please stand as you are able.**

A Warm Welcome to all guests today. We're glad you're here!

Thank You To All Service Participants And Today's Hospitality Team:

Dan Stevenson is music graduate of Drake University who has played with the Des Moines Symphony and the Des Moines Metro Opera. He also performs in several chamber groups, big bands, and jazz combos, and is a private clarinet instructor.

Hospitality Team: Xenda Lindel, Judy Lonning, Pam Brennan, Margaret Karbeling, Adele Villamez and Ryan Beck

Next Week's Service: "Now What?" with Greg Pelley

Sunday, August 9, 10:00 a.m., Auditorium

A meditation on navigating life's detours and the opportunity those detours provide for asking some really great questions. Those questions and the detours may take us where we never thought we'd go!

FIRST UU HAPPENINGS AUGUST 2 TO 9:

SUNDAY, AUGUST 2:

Multi-Age Child Care

8:45 a.m. Toddler Room

Tai Chi

9:00 a.m. on the Patio

Join us for 45 minutes of FREE relaxed, simple exercise. No special shoes, clothes, mats, etc. are required.

Led by member **Sherry Levine**.



Multi-Age Child RE

UU Movers & Shakers: Beatrix Potter

10:00 a.m., Large Activity Room

Interweave Potluck

11:30 a.m., Channing Hall

We offer social interaction for gay, lesbian, bisexual, transgender persons and allies.

Contact **Mark Metz** at scorpiored48@yahoo.com or 274-0925 for information.

Please bring a dish to share.



Windbreakers

6:00 p.m., Channing Hall

Come see why nearly 50 guys in our church attend at least one Windbreakers potluck during the year.

(Many attend every month). For more information or a ride to the meeting, contact **Bill Paxson** at 274-0769 or paxson@mchsi.com.

TUESDAY, AUGUST 4:

Social Justice Council Meeting

6:30 to 8:00 p.m., Conf. Room

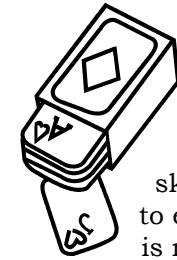
WEDNESDAY, AUGUST 5:

Iowa Health Care Working Group

6:30 p.m., Conference Room

Religious Services Committee

6:30 to 8:30 p.m., TBD



FRIDAY, AUGUST 7:

Bridge Game Night

7:00 p.m., Channing Hall,

Knowledge of the fundamentals of bridge is needed, but beyond that, skill levels range from novice to expert. Hosting each month is rotated among the group.

Contact **Jean Evans** at 987-0476

or at jeanevans1935@mchsi.com

SATURDAY, AUGUST 8:

U/U Women's Weekend

All weekend--Off-site

Join friends at the semi-annual U/U women's weekend at

Linda Appelgate's cabin

in the woods. Come for all or part of the weekend.

Call **Linda Appelgate** for details and a map at 371-5419.



Great Books



9:30-11:30 a.m.,
Conference Room

This month's reading is *Self Reliance* by Ralph Waldo Emerson. For further information, please contact

Greg Pelley at 306-9804 or greg@pelleyology.com.

SUNDAY, AUGUST 9:

U/U Women's Weekend continues...

See description on Saturday

Multi-Age Child Care

8:45 a.m. Toddler Room

Tai Chi

9:00 a.m. on the Patio

See August 2 description for details.

Multi-Age Child RE

UU Movers & Shakers:

Frank Lloyd Wright

10:00 a.m.,

Lg. Activity Room



Hospitality Team Training

11:15 a.m. in Channing Hall, SE Corner

Marge Graves and **Cathy Mussett** will offer training on the

dishwasher, Greeter and Usher basics, and answer any questions you have about schedules. We hope to see new recruits as well as current members with questions. We should be done in 20-30 minutes with both kitchen demonstrations and information on other duties.

Parent and Youth Information

Meeting for All Parents and Youth entering 9-12 Grades

11:30 a.m. at Crivaro Park

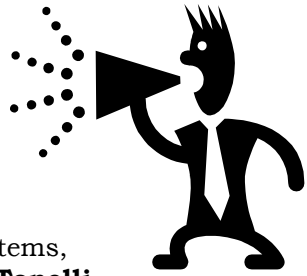
1012 East 14th Street Des Moines

Parents and Youth will learn about First Unitarian Youth Group and hear what is planned for the 2009-2010 Year.

Lunch will be provided. Please RSVP to **Tracy Beck** at dre@ucdsm.org.

ANNOUNCEMENTS:

The following items are requested for loan or donation to the UU intern's rental house for the 2009-2010 church year. Can you help? If you have items, please contact **Victor Tonelli** at 321-2838. The items will be carefully tracked if you want them back; if you don't, we will donate them to Circle of Friends or Lutheran Social Services for Refugees. Items needed are:



- Night stand
- Bookshelf
- Desk and chair
- Queen bed and frame
- Kitchen table/four chairs
- Sheets
- Coffee table
- UU-themed posters/artwork
- Bulletin board
- Skillet
- Pot (large, small)
- Baking pan/baking sheet
- Silverware (4 sets)
- Glasses (4)
- Plates (4)
- Coffee mugs (4)
- Microwave
- Kitchen cooking utensils (spatula, wooden spoons, etc)

THIS WEEK AT FIRST UNITARIAN CHURCH: AUGUST 2 TO 9, 2009

<p>Sunday, 08/02</p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m. 11:00 a.m. 11:30 a.m. 6:00 p.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio “Spiritual Journeys Through South Africa” with Stephen Lauer...Auditorium Child RE...Lower Level Social Time...Gathering Place Interweave Potluck...Channing Hall Windbreakers...Channing Hall</p>
<p>Tuesday, 08/04</p>	<p>6:30 p.m.</p>	<p>Social Justice Council...Conference Room</p>
<p>Wednesday, 08/05</p>	<p>6:30 p.m.</p>	<p>Iowa Health Care Working Group...Conf. Room Religious Services Committee...TBD</p>
<p>Friday, 08/07</p>	<p>7:00 p.m.</p>	<p>Bridge...Channing Hall</p>
<p>Saturday, 08/08</p>	<p>9:30 a.m. All day</p>	<p>Great Books...Conference Room UU Women’s retreat...Off-site</p>
<p>Sunday, 08/09</p>	<p>8:45 a.m. 9:00 a.m. 10:00 a.m. 11:00 a.m.</p>	<p>Multi age child care...Toddler Room Tai Chi...Patio “Now What?” with Greg Pelley...Auditorium Child RE...Lower Level Social Time...Gathering Place</p>